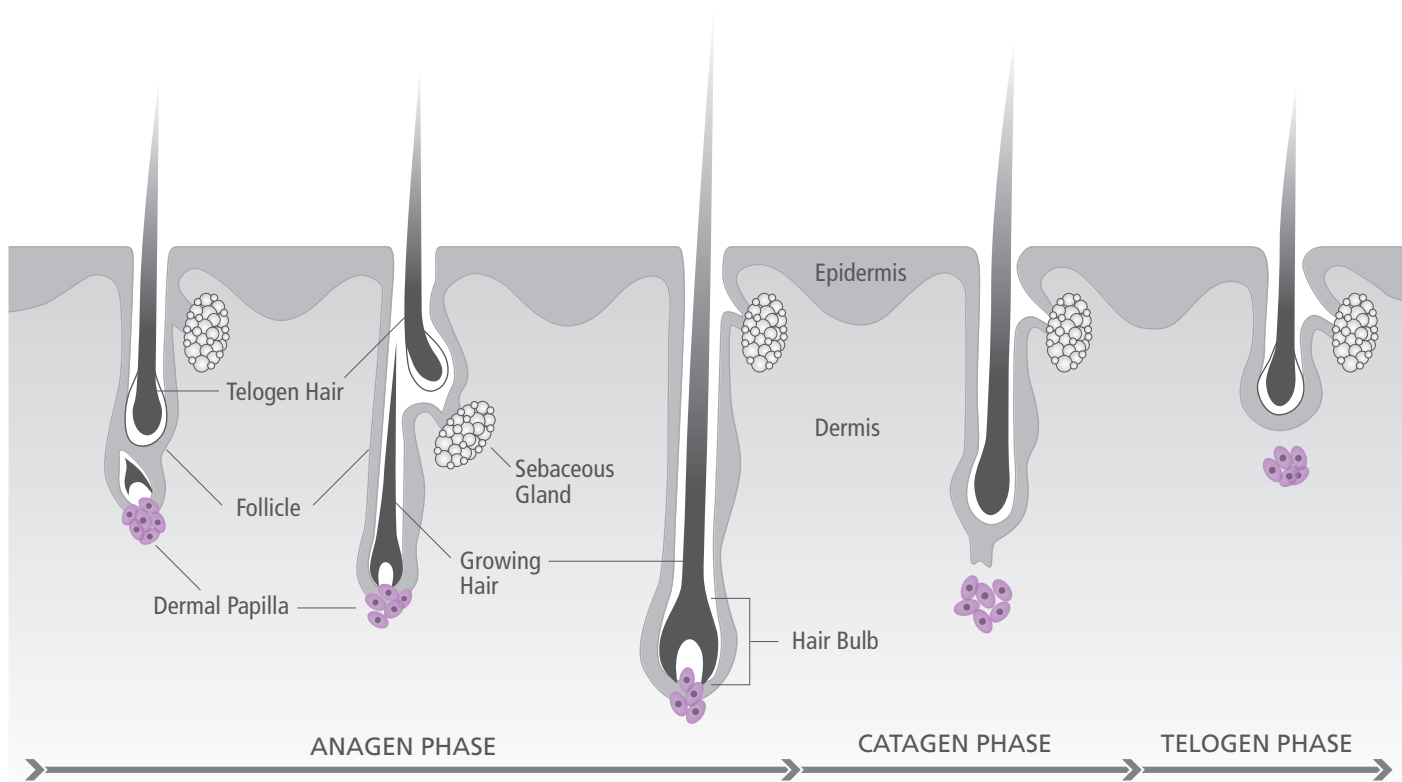


# The hair growth cycle



**Axils (armpits)**

Anagen phase approx: 30%  
 Telogen phase approx: 70%  
 Cycle duration approx: 16 weeks

Session interval approx: 5 weeks

**Back & chest**

Anagen phase approx: 15%  
 Telogen phase approx: 85%  
 Cycle duration approx: 12 weeks

Session interval approx: 6 weeks

**Cheeks**

Anagen phase approx: 70%  
 Telogen phase approx: 30%  
 Cycle duration approx: 10 weeks

Session interval approx: 2-4 weeks

**Legs**

Anagen phase approx: 20%  
 Telogen phase approx: 80%  
 Cycle duration approx: 24 weeks

Session interval approx: 5-6 weeks

**Arms**

Anagen phase approx: 20%  
 Telogen phase approx: 80%  
 Cycle duration approx: 18 weeks

Session interval approx: 5-6 weeks

**Upper lip**

Anagen phase approx: 65%  
 Telogen phase approx: 35%  
 Cycle duration approx: 6 weeks

Session interval approx: 2-4 weeks

**Bikini line**

Anagen phase approx: 30%  
 Telogen phase approx: 70%  
 Cycle duration approx: 12 weeks

Session interval approx: 5 weeks

**Chin**

Anagen phase approx: 70%  
 Telogen phase approx: 30%  
 Cycle duration approx: 10 weeks

Session interval approx: 2-4 weeks

**Eyebrows**

Anagen phase approx: 10%  
 Telogen phase approx: 90%  
 Cycle duration approx: 12 weeks

Session interval approx: 4 weeks