

More than \$26,000 in prizes inside

AUGUST 2010

# parenting

early years

## 15 Surefire tricks to

mom {beauty}

### Smooth Moves

Get absurdly silky, hair-free skin with the latest fuzz busters. The three you want to know about:

**1. Nair Shower Power, \$8.99,** is water-resistant, so—for the first time—you can use your depilatory while you shower. In five minutes (ten, max, depending on how coarse your hair is), you wipe it off with the included sponge. And it now comes in a big bottle with a pump, an improvement in itself over traditional Nair.

**2. Gillette Venus Embrace Disposables, \$14,** have five blades, which gives even rogue shaggy patches little chance of survival.

**3. Depilar is a new salon method of permanent hair reduction.** Hair is waxed away from the area, enzyme gel is applied, and then an activator. Over a series of 12-plus treatments, you'll see seriously diminishing (stubble) returns. Even with a few treatments, you'll get noticeable results, says Katherine Goldman, owner of San Francisco's Stript Wax. Depilar can be less expensive than lasering, depending upon the number of treatments you opt for (Stript charges \$70 per bikini session; lasering sessions can cost \$100 in major metropolitan areas), and you don't need to worry about exposing treated skin to the sun (a concern with lasers). Call 877-GO-DEPILAR for salons near you.



1-2-3 GO!

### 5-Minute Makeup

During the morning rush, you might feel lucky to get your shower in, let alone put on makeup. Brett Freedman, a celebrity makeup artist in Los Angeles, suggests this routine to put your best face forward in five minutes flat:

**Step 1:** Apply primer for a polished look. Freedman likes NARS Primer with SPF 20 (\$33). Then dust on a light bronzer. Physicians Formula Mineral Wear powder (\$11.95) is oil-free and

won't leave a "fake bake finish," notes Freedman.

**Step 2:** Brush on a coat of dark mascara: Freedman uses Vanitymark mascara in Blackest (\$16; vanitymark.com).

**Step 3:** Swipe on lip gloss. Philosophy The Supernatural SPF 15, shown (\$16.50; philosophy.com), and e.l.f. Super Glossy Lip Shine SPF 15 (\$1; eyeslipsface.com) come in luscious shades.

**3. Depilar is a new salon method of permanent hair reduction.** Hair is waxed away from the area, enzyme gel is applied, and then an activator. Over a series of 12-plus treatments, you'll see seriously diminishing (stubble) returns. Even with a few treatments, you'll get noticeable results, says Katherine Goldman, owner of San Francisco's Stript Wax. Depilar can be less expensive than lasering, depending upon the number of treatments you opt for (Stript charges \$70 per bikini session; lasering sessions can cost \$100 in major metropolitan areas), and you don't need to worry about exposing treated skin to the sun (a concern with lasers). Call 877-GO-DEPILAR for salons near you.

**Come Clean** We're hooked on facial cleansing wipes to remove makeup. Now we can use them in the A.M., too. Pond's new version of its Wet Cleansing Towelettes, Morning Refresh, has an invigorating citrus and cucumber scent. They're less expensive than other wipes, too: 30 for \$4.99.